

Søndag									
	60m hekk	Høgde (stativ 1)	Høgde (stativ 2)	Kule	Lengde (grop 1)	Stav	600m	800m	1000m
1100	MJ19 (6/1)								
1105	G17+MS (3+2/1)								
1110	KS+KJ19+J17 (2+4+1/1)								
1115	J16 (7/1)								
1120	J15 (5/1)								
1125	G15 (8/1)								
1130	G16 (9/2)								
1140		KS[2]+KJ19[4]+J17[1]	J15[5]+J16[7]						
1150						MS[2]+MJ19[6]+G17[3]			
1315				KS[2]+KJ19[4]+J17[1]					
1400				J15[5]+J16[7]					
1415					KS[2]+KJ19[4]+J17[1]	G15[8]+G16[9]			
1515					J15[5]+J16[7]				
1530									MS+MJ19 (2+6/1)
1545									Premieutdeling MS+MJ19
1550								G17(3/1)	
1605								Premieutdeling G17	
1610								KS+KJ19(2+4/1)	
1625								Premieutdeling KS+KJ19	
1630							J15(5/1)		
1645							Premieutdeling J15		
1650							J16+J17(7+1/1)		
1705							Premieutdeling J16+J17		
1710								G15(8/1)	
1725								Premieutdeling G15	
1730								G16(9/1)	
1745								Premieutdeling G16	
1750								Premieutdeling lag	

* = Enkeltøving/ikkje del av mangekampen.
 () = Antall heat i parantes.
 [] = Antall deltakarar