Laurdag									
	60m	**100m***	**60m hekk**	**Lengde (grop 1)**	**Lengde (grop 2)**	**Kule**	**Høgde (stativ 1)**	**Høgde (stativ 2)**	**600m**
1130	G15 (8/1)								
1135	G16 (9/2)								
1145	G17 (3/1)								
1150	MS+MJ19 (2+6/1)								
1200			J13 (3/1)	G15 [8]					
1205			J14 (7/1)						
1210			G14 (6/1)		G16 [9]				
1220	MS*								
1230	KS*								
1240									J13 (3/1)
1245									J14 (7/1)
1250									G14 (6/1)
1305		MS*				G15 [8]			
1315		KS*		MS[2]+MJ19[6]+G17[3]					
1345						J13[3]+J14[7]+G14[6]			
1430				J13[3]+J14[7]+G14[6]		G16 [9]	G15 [8]		
1515				Premieutdeling J13+J14+G14					
1530						MS[2]+MJ19[6]+G17[3]			
1630								G16 [9]	
1645							MS[2]+MJ19[6]+G17[3]		

* = Enkeltøving/ikkje del av mangekampen.

() = Tot.utøvarar/antall heat i parantes.

[] = Antall deltakarar